



STUDY TOOLS

Sunday, September 20, 2026

Teaching: *Grow in a Group*

Key Scripture: Hebrews 10:19-25

5-DAY READING PLAN WITH QUESTIONS:

Monday: Hebrews 10

Tuesday: Acts 2:42-47

Wednesday: Ecclesiastes 4

Thursday: Galatians 6:1-10

Friday: Ephesians 4:1-16

1. What does this passage tell you about God?
2. What does this passage tell you about people?
3. If this is God's Word (The Bible), what do I need to do?
4. What is your takeaway?
5. Who would you tell?

LIFE GROUP DISCUSSION:

Following Jesus is personal, but it was never meant to be private. Hebrews 10:19–25 reminds us that spiritual growth happens as we draw near to God, hold tightly to our faith, and encourage one another to keep going. We weren't designed to grow alone. God uses other believers to challenge us, encourage us, pray for us, celebrate with us, and help us notice when we are drifting. Life Groups create the kind of community where we can move from simply hearing truth to actually living it out. You can't become the Christian God intends you to become all by yourself. Faith begins personally, but it grows relationally.

Questions: Name one person (not a family member) who has had the greatest influence on your life.

1. Read Hebrews 10:19-25 together as a group. What does this passage tell us that Jesus has done for us?
2. The author begins by expressing the grounds for our faith – the blood and death of Jesus opened a new and life-giving way to enter the Holy Place. How does 10:19-20 contrast with Leviticus 16:2, 29-34? (See note below)
3. In Hebrews 10:20, what is the significance of the curtain being torn when Jesus died? (See Matthew 27:45-53) (See Digging Deeper below)
4. In response to Jesus' sacrifice, the author of Hebrews invites the readers to respond with "let us" statements. What are the "let us" statements and how do they build on each other?
5. Hebrews 10:25 warns against the habit of neglecting to meet together. Why is physical community so vital for spiritual growth and survival? What makes neglecting it so tempting today?

CEDAR VALLEY

Memorizing Scripture provides spiritual strength, guides your daily life, and equips you for ministry in everyday moments. For

the rest of the year, we're switching things up! Each week, we encourage **you** to choose one verse from the weekly Key Scripture that stands out to you and commit it to memory. Before you choose your verse, ask God to reveal the one you most need to hide in your heart. Over time, you'll be amazed at how God brings that verse to mind—whether to strengthen and encourage you or to help you encourage someone else.

6. What do you notice about how often the passage speaks in terms of *we* and *one another* rather than just *me* and *God*?
7. What is one step you could take this week to move from simply *attending church* to becoming more deeply *connected* to other believers and growing together?

NOTES

Hebrews 10:19-25 begins with "Therefore." Whenever you see "therefore" you have to ask - what's the therefore there for? The writer (we don't know who this was) just explained in vs. 1-18 the completeness of Jesus sacrifice for our sins. Then, the author talks about our response.

DIGGING DEEPER

Question 2:

"The first post-crucifixion supernatural sign is the rending of the temple's veil. We know it is supernatural because huge, handwoven tapestries aren't usually '*torn in two*' and '*from top to bottom*' (v. 51). What we don't know is to which veil Matthew is referring. Is it the inside veil that separates the Holy Place from the Most Holy Place or the Holy of Holies (the sanctuary where the Ark of the Covenant was kept and where only the high priest could enter only once a year on the Day of Atonement), or is it the outside veil that would have hung at the gate dividing the Court of the Jews from the Court of the Gentiles? It is the outside veil it is a more dramatic and public spectacle, as that veil was eighty feet high and visible to all. If it is the veil to the entrance of the Holy of Holies it is less public but no less dramatic or theologically rich."

-O'Donnell, Douglas Sean. *Matthew: All authority in Heaven and on Earth*. Wheaton: Crossway, 2012.

So, which veil is it? Matthew doesn't tell us, and perhaps that is intentional. The torn veil can signify both the departure of God's presence from the temple, pronouncing judgement on the temple; and also includes new access to the Most Holy Place through Jesus' sacrifice. Access to God's presence no longer requires an intermediary! We have confidence to enter God's holy places by the blood of Jesus. Jesus is our great High Priest!